

About Spray Tanning

We use B-Gorgeous Spray tan solutions. Fragrance free & paraben free, contains only naturally sourced or organic ingredients – The only spray tan guaranteed to fade evenly.

Spray tanning solutions have really developed in quality over the last 10 years, to the point where it can be quite over bearing with all the different brands and types of solutions to pick from. So what are the differences between the tans?

Traditional 8 hour tans – This means it will take 8 hours for the tan to develop. The client needs to leave the tan on for at least 8 hours. This is a good option if you are getting a tan in the evening and going home as you can sleep on the tan – let it develop – then shower first thing in the morning.

Rapid Tans – 1-2 hour tans- These are rapid development tans and the tan will develop faster than the 8 hour traditional tans. Please make sure you do not exceed the amount of hours you leave this tan on the skin as per the instructions as over processing may occur.

Shower from 1 – 3 hours after your spray tan, 1 for a lighter tan, 2 for a natural tan and 3 for a darker tan. The bronzer washes off and there is NO colour after the shower. This is normal and the tan will continue to develop after the shower and will be fully developed in around 8 hours.

Before Your Spray Tan:

What you need to consider ahead of your spray tanning appointment.

- Shaving/Waxing at least 24 hours prior.
- Do not apply any moisturisers after showering as these can form a barrier to the spray tan solution and will reduce the ability to apply an even colour all over.
- No deodorant or perfume.
- Wear loose, dark clothes to your appointment as you don't want anything tight that will rub where the tan is developing on your skin. For females – if you can go without a bra afterward for a couple of hours, all the better.
- Bring jandals or similar open-toed shoes to wear afterward.

After Your Spray Tan:

The better you care for your spray tan, the longer it will last. Here are some tips and advice on ensuring that you get the most out of your treatment with us.

- Try not to get caught in the rain following your appointment as raindrops may distort where the tan has been applied and you may end up with small white dots where the rain has landed.
- Likewise, avoid washing your hands or feet following your treatment until the 2 hour mark has been reached.
- Try not to get too hot and sweaty immediately afterward (no gym sessions or running until after you have showered!).

- Until you shower, wear loose baggy clothes to ensure the tan can develop freely and not be rubbed off by tight waistbands or bra straps.
- The tan will continue to develop over the next 24 hours.
- Try and use a non-abrasive skin wash so that the tan is not stripped away by the chemicals in your soap or shower gels.
- Utilise the B Gorgeous Tan Extender after-care products to extend the life and quality of your tan.

Common Spray Tanning Questions

Q: Do I have to get naked?

A: As the spray tan needs to be applied by a therapist, you will need to get undressed to some degree. We provide the option of a disposable g-string, although you are welcome to wear your own underwear if that makes you feel more comfortable. Or nothing at all if you don't want any bikini lines.

Q: Can I have a bikini or brazilian wax on the day of my spray tan?

A: We don't recommend this for two reasons – firstly the wax residue means that it is difficult to apply the spray tanning solution evenly to the waxed areas. Secondly, because your pores will have opened slightly during the wax, we don't think it's a good idea to spray any solutions directly on the skin at that point. We recommend you have your waxing done the day before if possible.

Q: I'm having the spray tan done for a wedding or other special occasion and am worried as I've never had one before. How can I be sure I will like it?

A: We recommend coming in for a practice tan 2 or 3 weeks before the big day. That way you have an opportunity to see what it's like, feel comfortable with the therapist and rebook with the same person prior to the actual event. Also, make sure the therapist knows when the wedding is as we will be able to advise on the best timings to do your spray tan (especially if you're fitting it around manicure and pedicure appointments as well as the many other commitments you may have on the days leading up to your event)

Q: How do I avoid a 'bad spray tan'?

A: Everyone has heard of someone having a not so great spray tan experience. Generally there are 4 possible reasons for this: Lack of therapist experience, poor-quality spray tan solution, a cheap spray tanning machine...or not following the after-care advice. No matter where you have your spray tan done, you should feel comfortable enough to ask your therapist how much experience they have with spray tanning. It takes a while to be consistently great delivering spray tan treatments which is often why you hear about bad experiences. We do everything we possibly can to ensure that every single tan we provide is an awesome one. In fact, at Bare it takes at least 3-6 months with a new therapist before we let them loose with a spray tan machine on clients!